

Unit 4a: Foundational Beliefs--Islam

Objectives

At the end of this unit, you will

Be aware of the following

- Foundational beliefs uniting Muslims
- Five pillars of Islam
- Sacredness of the Qur'an

Identify

- Shahada, Salat, Sawm, Zakat, Hajj
- Sura
- Jibril
- Jinns
- Abraham, Moses
- Divine Decree
- Jihad, Lesser jihad, Greater jihad
- Sunni, Shia/Sufi
- Muhammad
- Islam
- Muslim

Realize

- Importance of Arabic recitation of the Qur'an
- Status of prophet messengers within Islam
- Sunni/Shia/Sufi distinctions

Foundational Beliefs--Islam

Globally, Islamic thought and practice focuses upon the following foundational beliefs.

1. The Five Pillars

Five foundational faith expressions unite all Muslims:

a. Shahada (sha-HAHD-ah, witnessing) This is the essential creed of Muslim belief. It is repeatedly invoked as part of daily prayer. The shahada states:

"There is no god but God and Muhammad is the messenger of God."

When said with heartfelt intention before two official witnesses, this testimony initiates a person into the Islamic community.

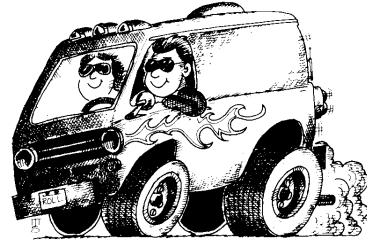


b. Salat (shul-LAHT, prayers) Five times each day, Muslims pray in Arabic. Salat consists mainly of verses from the Qur'an, praises to God, and requests for guidance. Adherents bow toward the Kaabah in Mecca when praying.

c. Sawm (SOO-uhm, fasting) During the month of Ramadan, thanksgiving is expressed, discipline shown, and communal solidarity and reconciliation affirmed. Practitioners abstain from food, drink, smoking and sexual relations from dawn to sunset.

d. Zakat (SA-kat, almsgiving) The faithful demonstrate tangible worship by giving a kind of "loan to God" of from two to ten percent of one's income, payable at year's end. Charitable causes receive support in more spontaneous manners, as needs arise.

e. Hajj (al-HAHJ, pilgrimage) At least once in a lifetime, during the twelfth month of the calendar, a Muslim takes a trip to Mecca. No one goes on Hajj without first ensuring that family members are provided for in their absence.



2. Basic Beliefs

Essential Muslim beliefs cluster around the following headings.

a. God The Qur'an narrates: *"God is One, the eternal God. He begot none, nor was he begotten. None is equal to Him."* (Sura 112 [Sura 'SOO ruh,' being the chapter of the Qur'an].)

The "uncomplicated absoluteness of God" found in the Qur'an sets Islam apart from rival belief systems.

Life is a unified whole under the one God. No sacred/secular division occurs. Humankind is created in the image of God with His imprint upon the "very substance of their souls."

b. Angels An active belief in angels permeates the Islamic world and life view. Jibril (jib-REEL, Gabriel), who delivered the Qur'an, is the most important angel. Other invisible beings (jinns), who possess extraordinary powers, are capable of either good or evil.

c. Revealed Books

Moses, David, Jesus, and Muhammad all transmitted literally the respective books dictated to them--the Torah, Psalms, Gospel and Qur'an. While all are authoritative, the Qur'an--due to its accuracy of text, breadth of scope and manner of transmission--in practice is Islam's primary book.



d. Qur'an The Qur'an, the "text from on high," is the word of God.

Everything about the Qur'an is sacred--its sounds, words, letters, even parchment and paper. Verses of the Qur'an are the first sounds a new child hears and the last a dying person listens to.

The art of chanting the Qur'an, the "supreme sacred act of Islam," can move a Muslim to tears.

To capture the full beauty of the Qur'an, one must hear it recited in its original Arabic. Protestant scholar Kenneth Craig writes:



"Translations do not convey the emotion, the fervor, the mystery the Qur'an holds in the original."

Reading the Book in the quiet of the study, perusing it with the eye, silences the force of the text which properly belongs with the ear and the soul..." (Readings in the Qur'an, page 31.)

The Qur'an is a prophetic discourse, not written chronologically, meant to be consumed rather than subjected to scientific examination. Its style is of the powerful, expansive imaginary of Middle East culture. Obedience is its final goal.

Each of the 114 Suras begins "in the name of God, compassionate, all merciful." The total text, divided into thirty parts, allows for daily readings/recitations of one part for each day of the lunar month.

As the Suras begin with the longest to the shortest, and the latter ones are more event/subject descriptive, new readers are advised to begin at the back and work their way forward.

e. Prophet-Messengers



The biblical figures, plus some unknown Arabian messengers, are seen as ambassadors (rusul--prophets with a specific mission who bring the word) of God. **Muhammad** (muh-HAHM-mad), the last of the prophets, is the only one who proclaims a universal message.

Abraham and Moses are the greatest of the Prophet-Messengers. The phrase "peace be upon them" is often written after their names. Muhammad, though not divine, receives highest respect. The phrase "prayer and peace be upon him" is often said or written after Muhammad's name.

f. Last Things Bodily resurrection, judgment, paradise and hell are the climax of history. Hell is not eternal for the believer, as Muhammad will intercede for those possessing even an "atom of faith." Millennial leaders (**Mahdi**, MAH-dee) will defeat enemies of Islamic religion at the end of history, establishing peace and justice upon the earth.

g. Divine Decree

This belief that everything is decided by God and in some sense comes from Him, articulates a major source of personal contentment and sustainment, especially in times of difficulty.

Drawing from Sura 37:96 ("*...God who created you and all that you have made...*") this decree elaborates the all-powerful nature of God.

h. Jihad (ji-HAD). Sometimes seen as a sixth foundational element of Islam, Western media stereotypes it as "holy war."



A more accurate portrayal sees jihad as an exertion or struggle in achieving the ways of God. It (jihad) describes an attentiveness against distractions from God, exertion to do His will within ourselves, and reestablishing order in Islamic society and the world at large.

Lesser jihad describes just war--taking up arms (guns, swords, bombs and tanks) in both offensive and defensive postures. Greater jihad is the struggle against inward passions but also includes work to overcome underdevelopment, counteract propaganda, or offer cultural resistance to secularization influences.

3. Worship

a. Jumma (JUH-mah) This Friday noon prayer is congregational, recited at a central mosque. Men and women form separate lines for prayer, in tight ranks expressing the unity and equality within Islam.

b. Mosque The sections of the mosque include

(1) **Entrance** where participants remove their shoes prior to entry.

(2) **Musallah** (muh-SAL-ah) The main prayer room, oriented toward Mecca. Congregants sit on the floor. It is uncluttered to allow for lines of worshippers to stand and bow in unison. Some mosques have a separate balcony for women.

(3) **Qiblah** (KIHB-lah) The direction to which the imam faces while praying.

(4) Mihrab (MEE-rahb) A niche in the prayer Musallah wall, indicating the direction of Mecca. Often decorated with Arabic calligraphy, the curved shape helps the imam's voice to project to the audience.

(5) Wadu (WAH-doo) Facilities somewhere within the mosque are available to wash the hands, face and feet with water.

c. Key words or phrases helpful for interested personnel include

(1) As Salaam Alaikum (ahs SAH-LAHM ah-LAY-koom) "Peace Be Upon You," is a common greeting among Muslims.

(2) Wa Alaikum Salaam (wah ah-LAY-koom SAH-lahm) "And Upon You the Peace," is a response to the above greeting.

(3) Salla Allahu Alyhi Wa Salaam (SAH-lah ah-LAH-hoo ah-LAY-hee wah SAH-lahm) "May the peace and blessings of Allah be upon him" is said whenever any prophet of God is mentioned.

(4) Allah Subhana Wa Tala (AH-lah SOOB-hah-nah wah TAH-lah) "God, Who is highly glorified and honored."

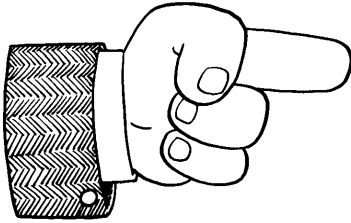
4. Common Misunderstandings

a. Diversity Islam is not monolithic--practiced the same in all countries. Each society must be examined for itself.

b. Jihad Only rarely in Islamic history has jihad meant conversion by the sword.

c. Terrorism Western media reports often lead us to assume that all devout Muslims favor terrorism.

This is definitely not the case. After discussing misperceptions and negative treatments of Arab and Muslim peoples, editors of the HarperCollins Dictionary of Religion present the challenge...



"There is a need for more nuanced understanding of the increasing amount of information, much of it still inaccurate, about Islam."

Speaking and writing responsibly about Islam is a task facing students and teachers, reporters in the print and broadcast media, government officials..."
(HarperCollins Dictionary of Religion, pp. 498, 500.)

5. Sunni/Shia/Sufi Distinctions

In the Muslim world, two major schools of thought--the **Sunni** (SOON-nee) and **Shia** (SHEE-uh)--are present. The origin of these groups centers more on political viewpoints than dogma. Early responses to the question "who leads at the death of Muhammad?" defined the differences in these two movements.

a. Sunni Sunni elders saw Muhammad's successor as chosen by the community of those who follow the **Sunnah** (SOON-nuh) or ethical/religious Muslim path...

Authority rests in the community, guided by ulama consensus and Islamic law.



Leaders do not take on the mantle of Muhammad. Rather, they protect and defend Islam, seeking to apply God's law to society. Most Sunnis believe the Sharia (religious law of Islam) was codified and closed by the tenth century. Approximately 85% of the Muslim world--including most Muslims in Central/South Central Europe--follows the Sunni branch.

b. Shia Shia followers believe Muhammad specified that his cousin and son-in-law Ali would be his successor...



The charisma of Muhammad passed on in direct blood lineage through a family dynasty. Religious and political authority rests in imams alone.

The Sharia is always open, subject to fresh reformulations of Sunna, Hadith (traditions of what Muhammad and his companions said and did) and Qur'an interpretations. Found in Iran, south Iraq, parts of Lebanon and elsewhere, the Shia branch makes up roughly 15 percent of the Muslim community.

c. Sufi

Within both Sunni and Shia circles there are branches of mystical/spiritual intensity. The Sufi school of thought defines this mystic orientation.

"Like the heart of the body of Islam--invisible from the outside but giving nourishment to the whole organism," Sufi pietism exerts a major influence. Recalling the austere life of early Mecca and Medina, Sufis often practice ascetic ways.



Their living in the presence of God, being "absorbed into God," is often experienced through intense renderings of scripture, poetry or music. Ecstatic, mystical states often result. The "Whirling Dervishes" of Turkey are practitioners of Sufism.

Idries Shah, an Afghan writer, popularizes another school of Sufi thought and practice. This trend of thought focuses on understanding and our own thought processes. Barriers to creative thought are identified and examined. Conditions necessary for original thinking are established. Once identified and established, knowledge and understanding then takes place in depth.

This Sufi tradition is pan-religious. It draws from the assimilated wisdom of the masters. New ways to think and focus the mind are the object.



"Our military may be comprised of great diversity, but it is united in common values...common values such as honor, courage, and commitment. We are an organization of discipline...but also of dignity. An organization where respect must be earned...yet is freely given. An organization where moral principle is as important to mission accomplishment...as training for combat. But we are also an organization whose collective strength is completely dependent on the morality of the individual. Like a chain, we are only as strong as our weakest link."

General Charles Krulak, Draft Remarks for The National Day of Prayer, 7 May 1998

Vocabulary List: Foundational Beliefs

Abraham and Moses The greatest of the Prophet-Messengers.
The phrase "peace be upon them" is often written after their names.

Divine Decree Belief that everything is decided by God and in some sense comes from Him

Hajj (al-HAHJ, pilgrimage) At least once in a lifetime, preferably during the twelfth month of the calendar, a Muslim takes a trip to Mecca. No one goes on Hajj without first ensuring that family members are provided for in their absence.

Jibril (jib-REEL) (Gabriel), most important angel in Islam.
Delivered the Qur'an

Jihad (ji-HAD) Sometimes seen as a sixth foundational element of Islam, Western media stereotypes it as "holy war." A more accurate portrayal sees jihad as an exertion or struggle in achieving the ways of God. It (jihad) describes an attentiveness against distractions from God, and exertion to do His will within ourselves and the world at large.

Jumma (JUH-mah) Friday noon Muslim congregational prayers.

Greater jihad The struggle against inward passions but also includes work to overcome underdevelopment, counteract propaganda, or offering cultural resistance to secularization influences

Islam (is-LAHM) Obedience or peace through submission to the will of God.

Lesser jihad Describes just war--taking up arms in offensive and defensive postures

Jinns Invisible beings who possess extraordinary powers, being capable of either good or evil

Mahdi (MAH-dee) Millennial leaders who will defeat enemies of Islamic religion at the end of history, establishing peace and justice upon the earth

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Mihrab (MEE-rahb) A niche in a Mosque prayer room (musallah) which indicates the direction of Mecca.

Muhammad (moo-HAM-mad) The last of the Islamic prophets. Founder of the Muslim faith and most revered messenger of God.

Muslim (MOOS-lim) Obedient one (to the will of God)...one who submits.

Musallah (muh-SAL-ah) Main prayer room of a mosque.

Qur'an (QOOR-ahn) Holy Book of Islam, revealed by God to the prophet Muhammad.

Salat (shul-LAHT, prayers) Five times each day, Muslims pray in Arabic. Salat consists mainly of verses from the Qur'an, praises to God, and requests for guidance. Adherents bow toward the Kaabah in Mecca when praying.

Sawm (SOO-uhm, fasting) During the month of Ramadan, thanksgiving is expressed, discipline shown, and communal solidarity and reconciliation affirmed. Practitioners abstain from food, drink, smoking and sexual relations from dawn to sunset.

Shahada (sha-HAHD-ah, witnessing) This first pillar of Islam is the essential creed of Muslim belief. It is repeatedly invoked as part of daily prayer. The shahada states: 'There is no god but God and Muhammad is the messenger of God.'

Sura (SOO-ruh) A chapter of the Qur'an.

Wadu (WAH-doo) Facilities in a mosque where the faithful can wash hands, face and feet.

Zakat (ZA-kat, almsgiving) The faithful demonstrate tangible worship by giving "a kind of loan to God" of from two to ten percent of one's income, payable at year's end. Charitable causes receive support in more spontaneous manners, as needs arise.

Review Quiz: Foundational Beliefs



Part 1--Matching Place the correct letter in the space provided.

- | | |
|----------------------------|--|
| 1. _____ Sura | A. The struggle against inward passions but also includes work to overcome underdevelopment, counteract propaganda, or offering cultural resistance to secularization influences. |
| 2. _____ Mahdi | |
| 3. _____ Hajj | |
| 4. _____ Lesser jihad | B. Describes just war--both offensive and defensive. |
| 5. _____ Jibril (Gabriel) | |
| 6. _____ Greater jihad | C. According to Islam, the greatest of the Prophet-Messengers. The phrase "peace be upon them" is often written after their names. |
| 7. _____ Abraham and Moses | |
| 8. _____ Jinns | D. Chapter of the Qur'an |
| 9. _____ Jihad | E. Belief that everything is decided by God and in some sense comes from Him. |
| 10. _____ Divine Decree | F. At least once in a lifetime, preferably during the twelfth month of the calendar, a Muslim takes a trip to Mecca. |
| | G. Most important angel in Islam. Delivered the Qur'an. |
| | H. Sometimes seen as a sixth foundational element of Islam, Western media stereotypes it as "holy war." A more accurate portrayal sees it as an exertion or struggle in achieving the ways of God. |

- I. Invisible beings who possess extraordinary powers, being capable of either good or evil.
 - J. Millennial leaders who will defeat enemies of Islamic religion at the end of history, establishing peace and justice upon the earth.
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Part 2--Matching Place the correct letter in the blank provided.



- | | |
|-------------------|---------------------------------------|
| 1. _____ Sawm | A. Gabriel |
| 2. _____ Hajj | B. Witnessing |
| 3. _____ Shahada | C. Almsgiving |
| 4. _____ Salat | D. Fasting |
| 5. _____ Zakat | E. Prayers |
| 6. _____ Jibril | F. Pilgrimage |
| 7. _____ Sura | G. Last of the prophets |
| 8. _____ Muhammad | H. Successor chosen by the community |
| 9. _____ Sunni | I. Chapter of the Qur'an |
| 10. _____ Shia | J. Successors must be blood relatives |
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Part 3--Multiple Choice: Place the letter of the most correct response in the blank provided.

1. _____ Judaism, _____ and Islam are all "religions of the Book."
 - a. Buddhism
 - b. Hinduism
 - c. Christianity
2. _____ According to the unit, when dealing with foundational beliefs of religion, it is important to realize
 - a. the difference between belief and practice.
 - b. how wrong religions other than our own can be.
 - c. that we must fire up our own beliefs and practices.
3. _____ In order to promote harmony and sensitivity to others, what is a good practice to employ?
 - a. Fight fire with fire
 - b. Confront, correct and point out wayward errors of thought
 - c. Treat other religions with respect
4. _____ What phrase often follows the written name of Muhammad in Islamic texts?
 - a. Praise be upon Him
 - b. The holy, the compassionate
 - c. Prayer and praise be upon him
5. _____ According to Islam, Muhammad is the number one messenger of God and last prophet. In addition, the greatest of the prophetic messengers were
 - a. David and Jonathan.
 - b. Abraham and Moses.
 - c. Solomon and John the Baptist.

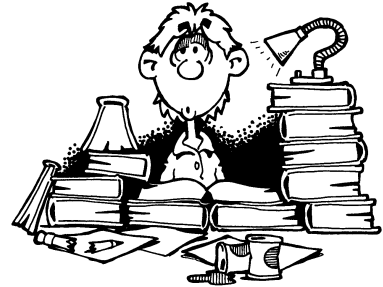
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6. _____ According to Muslims, what best describes the term jihad?
- a. Holy war
 - b. Exertion or struggle in achieving the ways of God
7. _____ When praying, Muslims bow
- a. towards the dome of the rock in Jerusalem.
 - b. towards the Kaabah in Mecca.
 - c. only when convenient.
8. _____ According to Muslims, Moses, _____, _____ and Muhammad all transmitted the respective books dictated to them--being the Torah, Psalms, Gospels and Qur'an.
- a. Ezekiel, Maccabees
 - b. David, Jesus
 - c. Abraham, John the Baptist
9. _____ A Sura is
- a. a chapter of the Qur'an.
 - b. a book of sayings attributed to Muhammad.
10. _____ What is sacred about the Qur'an?
- a. The sounds made in Arabic
 - b. The book binding and printed letters
 - c. Everything--sounds, words, letters, paper



"Have a Party"

Sources Used in Foundational Beliefs--Islam



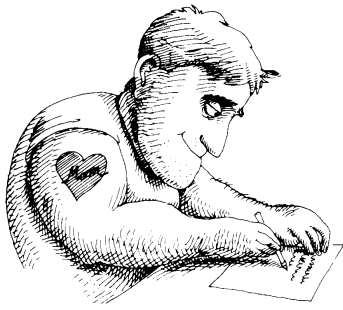
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"What is important is how you look back on your service. Your view will depend more on what you gave than on what you received."

(General John A. Wickham, Jr.)

